



ULTRASOUND EXAM PROTOCOL

The following are the most commonly performed mobile ultrasound procedures. Please read the “EXAM PREP” for instructions on preparing the patient for the exam.

GYN

1. Pelvic Ultrasound
2. Pelvic Ultrasound with transvaginal sono if indicated

EXAM PREP: Empty bladder (urinate) 90 minutes prior to exam time. Immediately after voiding, start drinking 32 ounces of water. Finish drinking all of the water 30 minutes prior to the exam time. Do not empty the bladder again until the Sonographer instructs you to do so.

VASCULAR/CARDIAC

1. Venous Doppler, Left or Right Lower Extremity
2. Venous Doppler, Left or Right Upper Extremity
3. Arterial Doppler, Left or Right Lower Extremity
4. Arterial Doppler, Left or Right Upper Extremity
5. Carotid Doppler
6. Echocardiogram

EXAM PREP: None

ABDOMEN/MISC

1. Complete Abdomen Ultrasound
2. Gallbladder Ultrasound
3. Pancreas Ultrasound
4. Renal Ultrasound
5. Thyroid Ultrasound (NO PREP)
6. Liver Ultrasound
7. Aorta Ultrasound
8. Spleen Ultrasound
9. Scrotum Ultrasound (NO PREP)

EXAM PREP: NPO after midnight or at least 6 hours prior to the exam time.